

Health-First Municipality Proclamation
Town of Granite Quarry, North Carolina

WHEREAS, the Town of Granite Quarry is committed to fostering a community where health and well-being are at the forefront of our mission, ensuring that all who live, work, and play here have access to opportunities that promote a vibrant, healthy lifestyle; and

WHEREAS, we recognize that a proactive approach to health—one that prioritizes prevention, education, and access to healthy choices—can reduce the burden of chronic diseases, improve quality of life, and create a thriving community; and

WHEREAS, the Town of Granite Quarry commits to being a Health-First Municipality by advocating for policies and initiatives that support:

- Active living through walkable neighborhoods, recreational spaces, and wellness programs;
- Access to nutritious foods by supporting local farmers, markets, and nutrition education;
- Mental well-being through community outreach, support networks, and stress reduction initiatives;
- Preventive healthcare and routine screenings for early detection and improved health outcomes;
- Environmental health efforts that ensure clean air, water, and sustainable practices;
- A culture of health equity, ensuring all residents have the resources needed to lead healthy lives;
- Workplace wellness programs that encourage employees to prioritize their health and well-being;
- Educational initiatives that promote lifelong healthy habits for children and families;
- Community partnerships to support access to healthcare, fitness opportunities, and health education;
- Tobacco cessation, prevention, and policy initiatives to reduce smoking and vaping, protect public health, and promote a tobacco-free community; and

WHEREAS, we acknowledge that investing in public health infrastructure and wellness initiatives strengthens our community and enhances the overall quality of life for all residents; and

WHEREAS, we recognize that a collective effort from individuals, businesses, and government is essential to building a healthier future.

NOW, THEREFORE, I, Mayor Brittany H. Barnhardt, by virtue of the authority vested in me by the laws of Granite Quarry, North Carolina, do hereby proclaim the Town of Granite Quarry as a Health-First Municipality, ensuring that health and wellness remain a priority for generations to come.

IN WITNESS WHEREOF, I have hereunto set my hand this 14th day of April, two thousand twenty-five.


Brittany H. Barnhardt, Mayor

ATTEST:


Aubrey Smith, Town Clerk

